

CHRIS AND THE CRISIS

***– or: Corona as
a social catalyst***

from Julia H.



This is Chris. She has just moved to Chur for her studies. In the new town she doesn't know anyone yet. All her friends live in different cities. So she feels a bit lonely at the moment.

But she also knows it's completely normal...

It takes time to meet new people.





Even though Chris doesn't know anyone at university, she soon meets people she likes. Some of them even become really good friends in quite a short time.

They like to hang out and sometimes go on activities during their free time together. Like hiking, dancing or cooking dinner. She is very happy about that, as she misses her other friends a lot already.



But then...




... a few months later:





Being new in town, Chris doesn't know anyone in Chur but her new friends from school. During Lockdown all of her friends leave Chur and go back to live with their parents.

Chris stays.



In the beginning of the Lockdown Chris doesn't mind so much being on her own. But as bad news got more frequent and restrictions grew heavier almost every day, she starts feeling overwhelmed by all the negativity.




The longer it takes, the more lonely Chris gets. But at some point she feels so down, that she takes a decision...





She starts riding her bike every day in and around Chur. Soon she discovers beautiful places, where she suddenly doesn't mind being alone so much anymore.

A stylized illustration of a person with dark hair, wearing a yellow shirt and blue pants, sitting in a meditative lotus position on a light-colored rock. They are facing a waterfall that cascades into a pool of water. The surrounding landscape is composed of large, rounded green hills under a clear blue sky. A white, cloud-like speech bubble is positioned in the upper right area of the image.

She starts enjoying
her bike tours al lot.
Being outside, close to
nature feels like healing from
loneliness to her. There she
often just sits and meditates.

Then, one night after a tour:





Even though the bar is closed, the owners and their friends have a beer together and listen to music. They invite Chris to join them, which she does. They get along very well and enjoy each other a lot. So they become friends.

